

# Desarrollo de modelos y equipos para el estudio de la protección radiológica frente a neutrones en protonterapia y aceleradores

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## Contribuciones en diferentes áreas/momentos del proyecto

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# Scope



## Purpose and context

**Operational Radiation Protection (RP) in compact proton therapy centers (CPTC)**

**Research activities and main results**

**The ten recommendations**

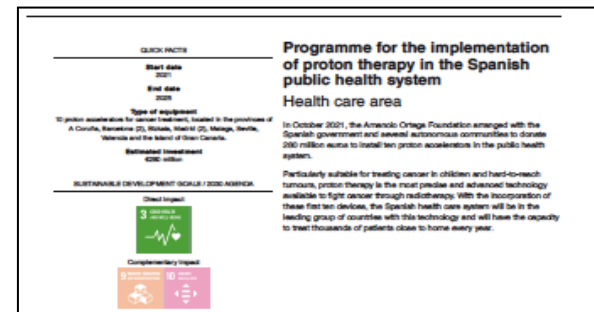
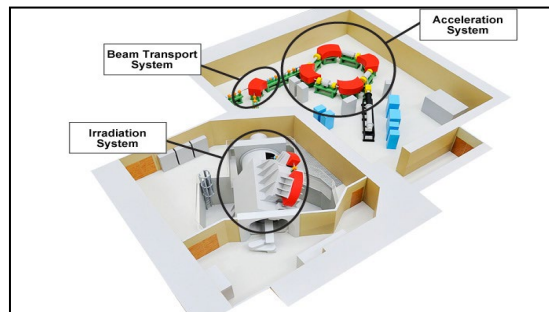
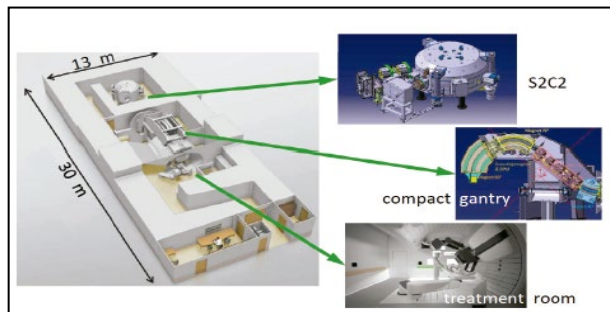
## Summary

# The advent of Protontherapy in Spain

Number	Acelerador	Rooms	Footprint (Aprox)	Operation
1	<b>Synchrocyclotron</b>	1	360 m <sup>2</sup>	Dec 2019
2	<b>Synchrotron</b>	1+(1)	800 m <sup>2</sup>	March 2020

El Hospital Virtual Valdecilla formará a profesionales para aplicar la protonterapia antes de la puesta en marcha del equipo

Acelerador	Energy of Protons	Beam Delivery	Proton Field	Gantry Rotation
Synchrocyclotron	<b>Fixed (235 MeV)</b>	<b>PBS</b>	Continuous*	<b>220°</b>
Synchrotron	<b>Variable (70-230 MeV)</b>	<b>PBS</b>	Pulsed	<b>360°</b>



2018 → 0

2020 → 2 (private)

2025? → 13 (11 public)

To infinity and beyond....



# Origin and challenges of radioprotection in proton centers

Proton interactions → Neutron Fields  
Neutron interactions → Impact in facility

Protons with energies between 70-230 MeV  
(intranuclear cascade + evaporation)

## Neutrons interaction with matter

- Elastic scattering  $X(n,n)X$
- Inelastic scattering  $X(n,n')X'$
- Radiative capture  ${}^AX(n,\gamma){}^{A+1}X$

For high-energy neutrons ( $> 8$  MeV), reactions such as (n,2n) or (n,n+p) are possible

Each isotope exhibits its own cross section.

## Neutron-induced activation processes

- Inelastic collisions (spallation processes)
- Neutron capture (n,  $\gamma$ )

## Impact of neutrons in compact facilities

**Material in walls** What type of concrete is the best option for CPTC shielding and barriers → **Shielding, decommissioning and radioprotection**

- **Geometric and constructive factors**
- **New Materials**
- **New nuclear data libraries**

**Elements of the facility** (accelerator, beam components) → **Long term decommissioning, release strategy and personal radioprotection**

**Air and water activation** (cooling, others and ground water) → **Release strategy and personal radioprotection**

# Research Project



## Parte 1 Modelos de CPTC con MCNP6

1. Materiales y geometría

2. Fuentes de radiación

3. Carga de trabajo

## Parte 2 Medidas experimentales en CPTC

1. Caracterización de REM-metros y espectrómetros

2. Medidas experimentales en centros de protonterapia

3. Ampliación de monitores y sistemas de espectrometría

## Parte 3 Análisis de sensibilidad

1. Comparación de materiales y geometría

2. Comparación de Modelos físicos

3. Comparación de REM-metros y detectores

- **Proyecto de investigación**, colaboración empresa/organismo investigación: *Contribuciones a la protección radiológica operacional y dosimetría de neutrones en CPTC*.
- Primera etapa (financiación): 3 años (Feb. 2018 – Enero 2021) Investigación + Adquisición y ampliación de equipos
- 3 TFGs + 5 TFM's + 2 TDs
- **Objetivos: PT fuente continua de innovaciones. Impacto de los avances en PT en la PR de estos centros. Desarrollo de metodologías para analizar la protección radiológica operacional, dosimetría de neutrones, eficiencia de los blindajes, dosimetría personal.**

# Purpose

Commissioning of proton centers: encompass radiation protection aspects

Operational radiation protection (RP): staff and general public. Shielding and barriers, activation, monitoring (personal dose, ambient equivalent dose...)

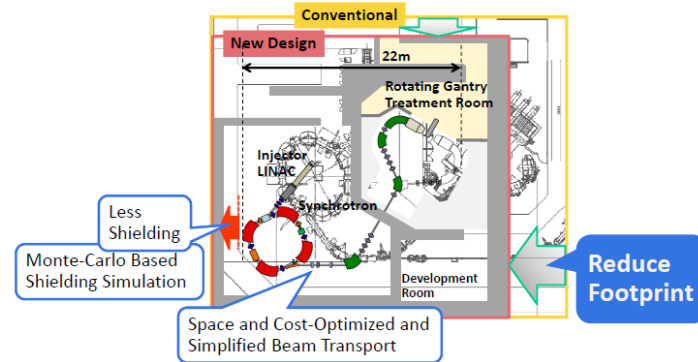
Compact proton therapy centers: CPTC (small size, 1 or 2 treatment rooms)

## Impact of developments in proton therapy on operational radiation protection

### Trends

1. Compact and standard facilities
2. Small size accelerators
3. New delivery modes
4. Changes in regulations

....



# RP in proton centers: Starting Point

**Workload (nA·h/year) → Estimation of Proton fields (annual dose) → Beam losses**

COMPLEX INPUT: Number of patients x Number of Fields x Time per field x Current x Working days x (1h/60 min)

- Factors of use and mix operation

450 patients/year, 17.000 sessions, 2 Gy/patient

Patient-case indications

- Regulatory limits

General Public, 1 mSv/year (Spain)

Exposed workers, 20 mSv/year (Spain)

Instantaneous dose rate, IDR, hourly: 10 uSv/h (Spain)

- Occupancy factors (T) → IAEA, 2006

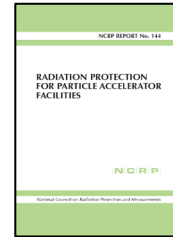
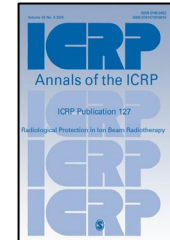
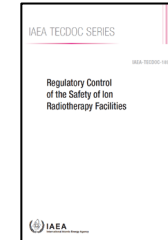
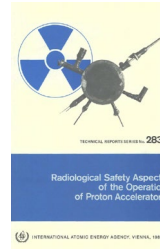
- Types of beam: Clinic, Q&A, Maintenance

- Dose Rates: year, hour, instantaneous, facility

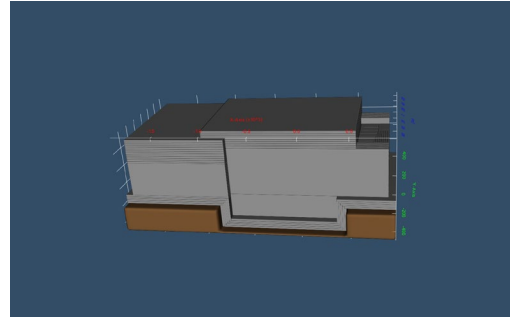
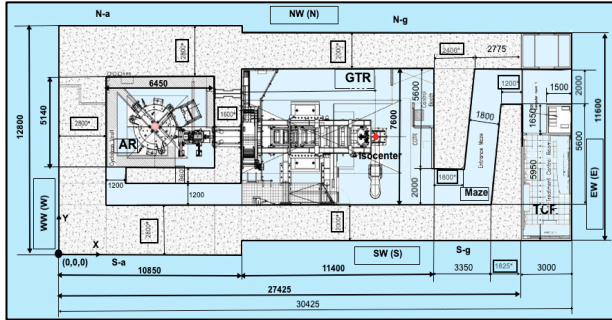
- Conservative magnitudes → Ambient Dose Equivalent,  $H^*(10)$  ( $Hp^*(10)$ )

**Assumptions and uncertainties (conservatives, 20y)**

Compositions (nuclides) - Interactions – **Workload → Delivery mode**

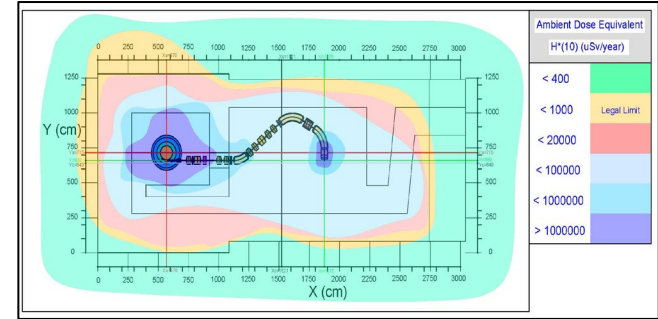


# Design barriers and shielding against neutron and gamma radiation



Main interaction of protons in Synchrocyclotron (SC)			
Element	Energy (MeV)	% Losses	Material
Accelerator (SC)	230	75%	Fe, Cu
Degrader (ESS)	230	25%	C
Collimator (ESS)	70 – 230	44%	Ta
Divergence Slits	70 – 230	5%	Ni
Divergence Momentum	70 – 230	1%	Ni
Patient-Phantom	70 – 230	100%	Tissue

Main interaction of protons in Synchrotron (SC)			
Element	Energy (MeV)	% Losses	Material
Linac/Injection/LEBT	7.5	60%	Fe, Cu
Accelerator (S)	70 – 230	40%	Fe, Cu
HEBT	70 – 230	10%	Fe, Cu
Divergence Slits	70 – 230	5%	Ni
Divergence Momentum	70 – 230	1%	Ni
Patient-Phantom	70 – 230	100%	Tissue

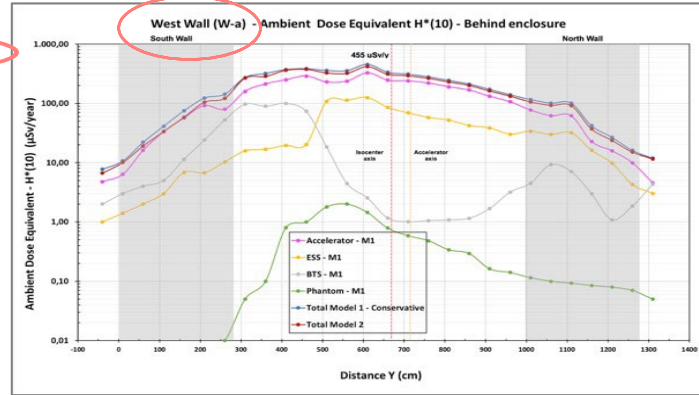
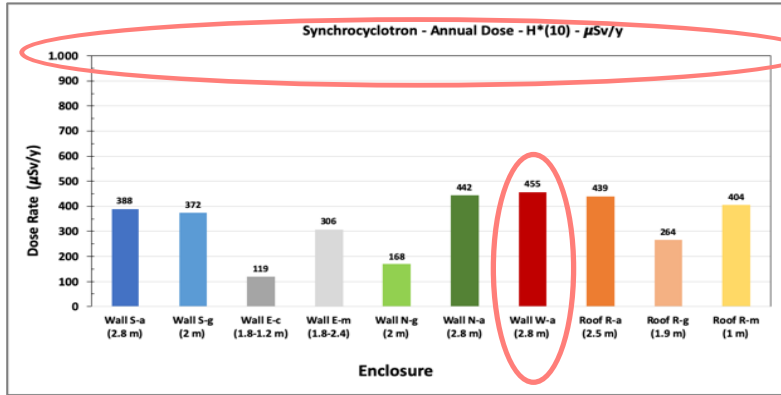


# Design barriers and shielding against neutron and gamma radiation

## Checking the shielding of compact centers

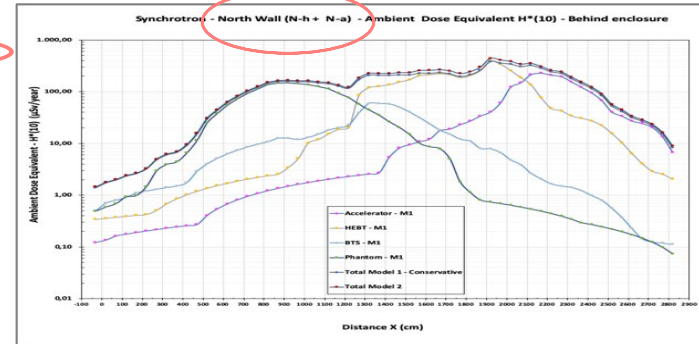
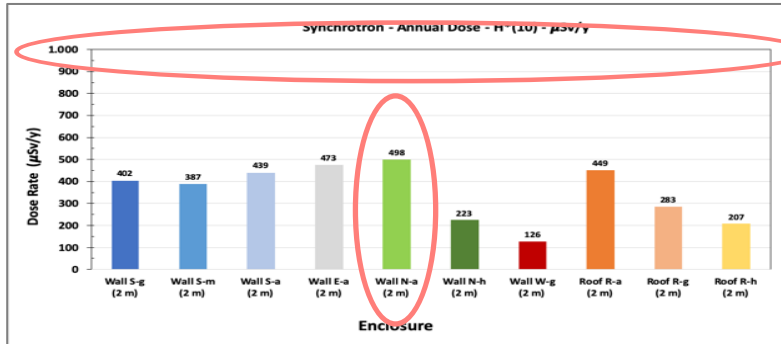
### MC methods

### Thickness proposed by vendors



Both facilities always below international legal limits (1 mSv, general public)

Synchrocyclotron  
One treatment room  
360 m<sup>2</sup> footprint  
2.8 m thickness in main barriers



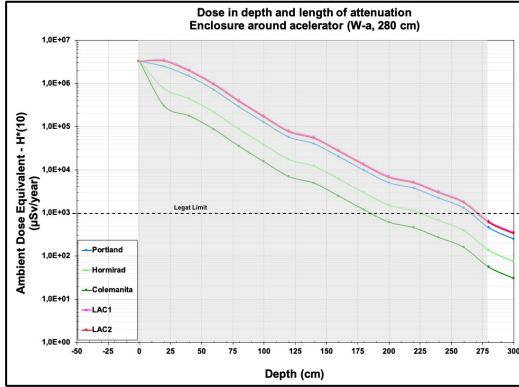
Synchrotron  
One treatment room  
expandable  
800 m<sup>2</sup> footprint  
2 m thickness in main barriers

**Intercomparing  
CPTC:  
synchrocyclotron  
vs. synchrotron**

## Expansion to new types of centers planned for the Public System

# Study of different materials in barriers

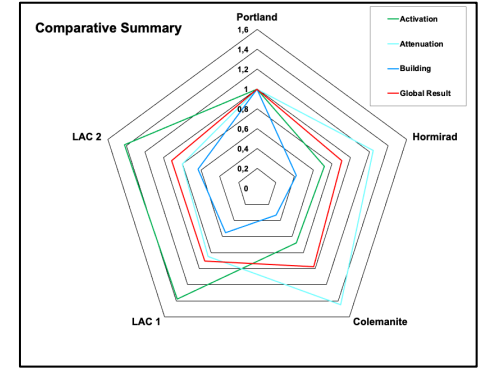
## Attenuation plots with different types of concrete



## Attenuation is essential but not enough

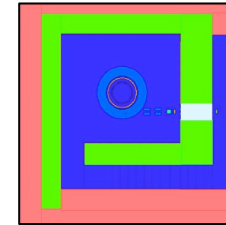
Radionuclide	Reaction channel	$T_{1/2}$
$^{152}\text{Eu}$	$^{151}\text{Eu} (n,\gamma) ^{152}\text{Eu}$	13.33 y
$^{154}\text{Eu}$	$^{153}\text{Eu} (n,\gamma) ^{154}\text{Eu}$	8.8 y
$^{134}\text{Cs}$	$^{133}\text{Cs} (n,\gamma) ^{134}\text{Cs}$ $^{134}\text{Ba} (n,p) ^{134}\text{Cs}$	2.06 y
$^{60}\text{Co}$	$^{59}\text{Co} (n,\gamma) ^{60}\text{Co}$	5.3 y
$^{46}\text{Sc}$	$^{45}\text{Sc} (n,\gamma) ^{46}\text{Sc}$	83 d
$^{133}\text{Ba}$	$^{132}\text{Ba} (n,\gamma) ^{133}\text{Ba}$	10.5 y
$^{54}\text{Mn}$	$^{55}\text{Mn} (n,2n) ^{54}\text{Mn}$ $^{54}\text{Fe} (n,p) ^{54}\text{Mn}$	312 d
$^{22}\text{Na}$	$^{23}\text{Na} (n,2n) ^{22}\text{Na}$ $^{27}\text{Al} (n,2p4n) ^{22}\text{Na}$	2.6 y
$^{137}\text{Cs}$	$^{136}\text{Ba} (n,\gamma) ^{137m}\text{Ba} \rightarrow ^{137}\text{Cs}$ $^{137}\text{Ba} (n,p) ^{137}\text{Cs}$	30 y

## Comparative of several materials (concretes)



	Attenuation	Activation	Building	Global Result
Portland	1	1	1	1,00
Hormirad	1,24	0,72	0,42	0,91
Colemanite	1,45	0,68	0,33	0,98
LAC 1	0,85	1,38	0,55	0,91
LAC 2	0,8	1,42	0,63	0,91

Different materials in different places and mix barriers



Compromise between attenuation, activation in components, and cost of building

# Impact of radiation on environment inside and around CPTC

## Air activation

Neutron capture in  $^{40}\text{Ar}$ :  $^{40}\text{Ar}(n,\gamma)^{41}\text{Ar}$  (Cross section  $^{40}\text{Ar}$ ,  $\sigma = 610$  mb)

Spallation processes on  $^{14}\text{N}$  and  $^{16}\text{O}$  atoms, with neutrons above 20 MeV of energy

Air renewal rate,  $r$  ( $r > 6$  RPH,  $\lambda_{\text{effective}} = \lambda + r$ ), underpressure, treatment and humidity

## Water activation + ground activation in soil

Spallation processes on O atoms, with neutrons above 20 MeV of energy

Productions of same radionuclides as air, except  $^{41}\text{Ar}$ :

Long-lived isotopes:  $^3\text{H}$  and  $^7\text{Be}$

Short-lived isotopes:  $^{11}\text{C}$ ,  $^{13}\text{N}$ ,  $^{15}\text{O}$ ,  $^{14}\text{O}$ ,  $^{18}\text{F}$

Spallation processes with high energy neutrons ( $E_n > 20$ MeV) in Oxygen ( $^{16}\text{O}$ )				
Target	Reaction	Cross section (mb)	Nuclide yielded	Half-life
$^{16}\text{O}$	$^{16}\text{O}(n,x)^3\text{H}$	30	$^3\text{H}$	12.3 y
$^{16}\text{O}$	$^{16}\text{O}(n,x)^7\text{Be}$	5	$^7\text{Be}$	53.3 d
$^{16}\text{O}$	$^{16}\text{O}(n,x)^{11}\text{C}$	5	$^{11}\text{C}$	20.4 m
$^{16}\text{O}$	$^{16}\text{O}(n,x)^{13}\text{N}$	9	$^{13}\text{N}$	1.18 m
$^{16}\text{O}$	$^{16}\text{O}(n,x)^{15}\text{O}$	40	$^{15}\text{O}$	2.04 m
Spallation processes with high energy neutrons ( $E_n > 20$ MeV) in Nitrogen ( $^{14}\text{N}$ )				
Target	Reaction	Cross section (mb)	Nuclide yielded	Half-life
$^{14}\text{N}$	$^{14}\text{N}(n,x)^3\text{H}$	30	$^3\text{H}$	12.3 y
$^{14}\text{N}$	$^{14}\text{N}(n,x)^7\text{Be}$	10	$^7\text{Be}$	53.3 d
$^{14}\text{N}$	$^{14}\text{N}(n,x)^{11}\text{C}$	10	$^{11}\text{C}$	20.4 m
$^{14}\text{N}$	$^{14}\text{N}(n,x)^{13}\text{N}$	10	$^{13}\text{N}$	1.18 m

## Metallic components activation (accelerator parts, beam line elements,...)

Spallation,  $(n,x)$ , and neutron capture,  $(n,\gamma)$ , processes

Long-lived isotopes yielded directly with protons

Many equipment and elements of the facility with natural Cu

Nuclide	Half-life	Reaction	Cross section (barn)
$^{134}\text{Cs}$	2.06 year	$^{133}\text{Cs}(n,\gamma)^{134}\text{Cs}$	29
$^{60}\text{Co}$	5.3 year	$^{59}\text{Co}(n,\gamma)^{60}\text{Co}$	37
$^{59}\text{Fe}$	44 days	$^{58}\text{Fe}(n,\gamma)^{59}\text{Fe}$	1.15
$^{65}\text{Zn}$	244 days	$^{64}\text{Zn}(n,\gamma)^{65}\text{Zn}$	0.78
$^{54}\text{Mn}$	312 days	$^{53}\text{Mn}(n,\gamma)^{54}\text{Mn}$	0.91
		$^{54}\text{Fe}(n,p)^{54}\text{Mn}$	0.59
$^{108}\text{Ag}$	127 year	$^{107}\text{Ag}(n,\gamma)^{108}\text{Ag}$	36
$^{110}\text{Ag}$	249 days	$^{109}\text{Ag}(n,\gamma)^{110}\text{Ag}$	91
$^{120}\text{Sn}$	129 days	$^{119}\text{Sn}(n,\gamma)^{120}\text{Sn}$	0.15
$^{122}\text{Sn}$	9 days	$^{121}\text{Sn}(n,\gamma)^{122}\text{Sn}$	0.13
$^{23}\text{Na}$	2.6 year	$^{22}\text{Na}(n,\gamma)^{23}\text{Na}$	0.017
		$^{27}\text{Al}(n,x)^{23}\text{Na}$	0.010

Isotopes	Half-life
$^{60}\text{Co}$	5.3 years
$^{57}\text{Co}$	271 days
$^{58}\text{Co}$	70 days
$^{54}\text{Mn}$	312 days
$^{65}\text{Zn}$	244 days
$^{22}\text{Na}$	2.6 years

Parent	Reaction	Reaction Product	Half-life
	$(n,\gamma)$	$^{64}\text{Cu}$	12.7 hours
$^{63}\text{Cu}$ 69.17%	$(n,\alpha)$	$^{60}\text{Co}$	5.3 years
	$(n,2n)$	$^{64}\text{Cu}$	12.7 hours
$^{65}\text{Cu}$ 30.83%	$(n,p)$	$^{65}\text{Ni}$	2.5 hours
	$(p,n)$	$^{65}\text{Zn}$	244 days

# Impact of neutrons in the environment of compact facilities

**Air and water activation** (cooling, others and ground water) →

**Release strategy and personal radioprotection**

**Materials in soil** (characterizing the soil before building) →

**Decommissioning and radioprotection**

**Elements of the facility** (accelerator, beam components) →

**Long term decommissioning, release strategy and personal radioprotection**

$$\frac{dN'}{dt} = N\Phi\sigma - \lambda N'$$

- ✓ Activity build-up during irradiation
  - Number of target nuclei  $N$
  - Neutron flux  $\Phi$
  - Reaction cross section  $\sigma$
- ✓ And decay of the produced radionuclides
  - Decay constant  $\lambda$

$$\frac{\text{Reacciones}}{\text{Volumen}} = \int \boldsymbol{\varphi}(\mathbf{E})\boldsymbol{\rho}\boldsymbol{\sigma}(\mathbf{E})d\mathbf{E}$$



# Air activation in CPTC

## Results: MC methods

- Yearly effective doses and activity concentration limits from activated air
  - Air renewal 6 x per hour (10 minutes)
  - No decay and no dilution considered

### Effective dose

$$E_{hora} \left( \frac{\mu\text{Sv}}{h} \right) = A_{sat}(l) \left( \frac{\text{Bq}}{\text{m}^3} \right) \cdot Res \left( \frac{\text{m}^3}{h} \right) \cdot \Gamma(i) \left( \frac{\text{Sv}}{\text{Bq}} \right) \cdot 10^6$$

$$E_{Año} \left( \frac{\mu\text{Sv}}{\text{año}} \right) = E_{hora} \left( \frac{\mu\text{Sv}}{h} \right) \cdot 4800 \text{ h/año}$$

Room	Nuclide	T1/2	Saturated Activity (Bq/m <sup>3</sup> )	e <sub>inh</sub> (Sv/Bq)	Yearly Dose (μSv/y)	CA-20 mSv (Bq/m <sup>3</sup> )	CA-1 mSv (Bq/m <sup>3</sup> )
GTR	H-3	12.32 y	2.59 10 <sup>-5</sup>	1.8 10 <sup>-11</sup>	2.69 10 <sup>-6</sup>	5 10 <sup>9</sup>	1.04 10 <sup>8</sup>
	Be-7	53.22 d	1.64 10 <sup>-4</sup>	4.6 10 <sup>-11</sup>	4.35 10 <sup>-5</sup>	5 10 <sup>5</sup>	1.04 10 <sup>4</sup>
	C-11	20.39 min	8.69 10 <sup>-1</sup>	3.2 10 <sup>-12</sup>	1.60 10 <sup>-2</sup>	2 10 <sup>5</sup>	4.17 10 <sup>3</sup>
	N-13	9.965 min	6.09		NA	7 10 <sup>4</sup>	1.46 10 <sup>3</sup>
	O-15	122.24 sec	3.98		NA	7 10 <sup>4</sup>	1.46 10 <sup>3</sup>
	Ar-41	109.61 min	5.35 10 <sup>-1</sup>		NA	5 10 <sup>4</sup>	1.04 10 <sup>3</sup>
AR	H-3	12.32 y	8.27 10 <sup>-3</sup>	1.8 10 <sup>-11</sup>	8.57 10 <sup>-4</sup>	5 10 <sup>9</sup>	1.04 10 <sup>8</sup>
	Be-7	53.22 d	7.04 10 <sup>-2</sup>	4.6 10 <sup>-11</sup>	1.87 10 <sup>-2</sup>	5 10 <sup>5</sup>	1.04 10 <sup>4</sup>
	C-11	20.39 min	3.80 10 <sup>2</sup>	3.2 10 <sup>-12</sup>	1.60 10 <sup>-2</sup>	2 10 <sup>5</sup>	4.17 10 <sup>3</sup>
	N-13	9.965 min	2.16 10 <sup>3</sup>		NA	7 10 <sup>4</sup>	1.46 10 <sup>3</sup>
	O-15	122.24 sec	1.60 10 <sup>3</sup>		NA	7 10 <sup>4</sup>	1.46 10 <sup>3</sup>
	Ar-41	109.61 min	8.91 10 <sup>2</sup>		NA	5 10 <sup>4</sup>	1.04 10 <sup>3</sup>

# Air activation in CPTC

## Mitigation strategies for air activation

Ventilation requirements to prevent that the concentration of the radioactive gases ( $^3\text{H}$ ,  $^{15}\text{O}$ ,  $^{13}\text{N}$ ,  $^{41}\text{Ar}$ ) and ozone produced during irradiation remain below the health safety limits and the legal radioactive atmospheric release criteria

### Design of Ventilation System

#### General

Variable flow system ventilation. During irradiation, the ventilation System must be stopped, but once it is finished, post-irradiation air must be renewed as quickly as possible, considering the maximum speed recommended in ducts.

Decentralized ventilation circuits

#### Air renewals rate

Cyclotron room, CPH = 10/hour

Treatment room, CPH = 10/hour

Technical part gantry (gantry pit) CPH = 6/hour

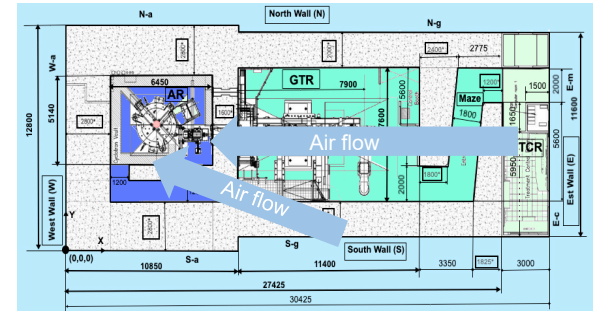
$$\lambda_{\text{effective}} = \lambda + r$$

#### Pressure cascade (avoid a flow of air from inside to outside of the bunker)

Underpressure inside the bunker

Differential pressure between maze/treatment room (10/15 Pa) and accelerator room ( $< -40$  Pa)

Continuous readout and checking of pressures in rooms



# Water activation in CPTC

## Main results with MC

Isotope	MC Result (Bq/l)	Clearance Level, CL (IAEA, Bq/l)	Result/CL	Usual Range of Detection limit (Bq/l)
$^3\text{H}$	9.3	$10^5$	$9.3 \cdot 10^{-5}$	7 - 9
$^7\text{Be}$	7.7	$10^4$	$7.7 \cdot 10^{-4}$	5 - 7

**Global activity in water  
< 20 Bq/l**

**$\Sigma$  Result/CL << 1**

Self-shielding of water

Activation in metallic elements >> activation in water

# Soil activation in CPTC

Location of center: check and remove

Radionuclide	Reaction channel	T <sub>1/2</sub>
<sup>152</sup> Eu	<sup>151</sup> Eu (n,γ) <sup>152</sup> Eu	13.33 y
<sup>154</sup> Eu	<sup>153</sup> Eu (n,γ) <sup>154</sup> Eu	8.8 y
<sup>134</sup> Cs	<sup>133</sup> Cs (n,γ) <sup>134</sup> Cs <sup>134</sup> Ba (n,p) <sup>134</sup> Cs	2.06 y
<sup>60</sup> Co	<sup>59</sup> Co (n,γ) <sup>60</sup> Co	5.3 y
<sup>46</sup> Sc	<sup>45</sup> Sc (n,γ) <sup>46</sup> Sc	83 d
<sup>133</sup> Ba	<sup>132</sup> Ba (n,γ) <sup>133</sup> Ba	10.5 y
<sup>54</sup> Mn	<sup>55</sup> Mn (n,2n) <sup>54</sup> Mn <sup>54</sup> Fe (n,p) <sup>54</sup> Mn	312 d
<sup>22</sup> Na	<sup>23</sup> Na (n,2n) <sup>22</sup> Na <sup>27</sup> Al (n,2p4n) <sup>22</sup> Na	2.6 y
<sup>137</sup> Cs	<sup>136</sup> Ba (n,γ) <sup>137m</sup> Ba → <sup>137</sup> Cs <sup>137</sup> Ba (n,p) <sup>137</sup> Cs	30 y

Depend on the specific location of each facility

Easy to mitigate in early stages

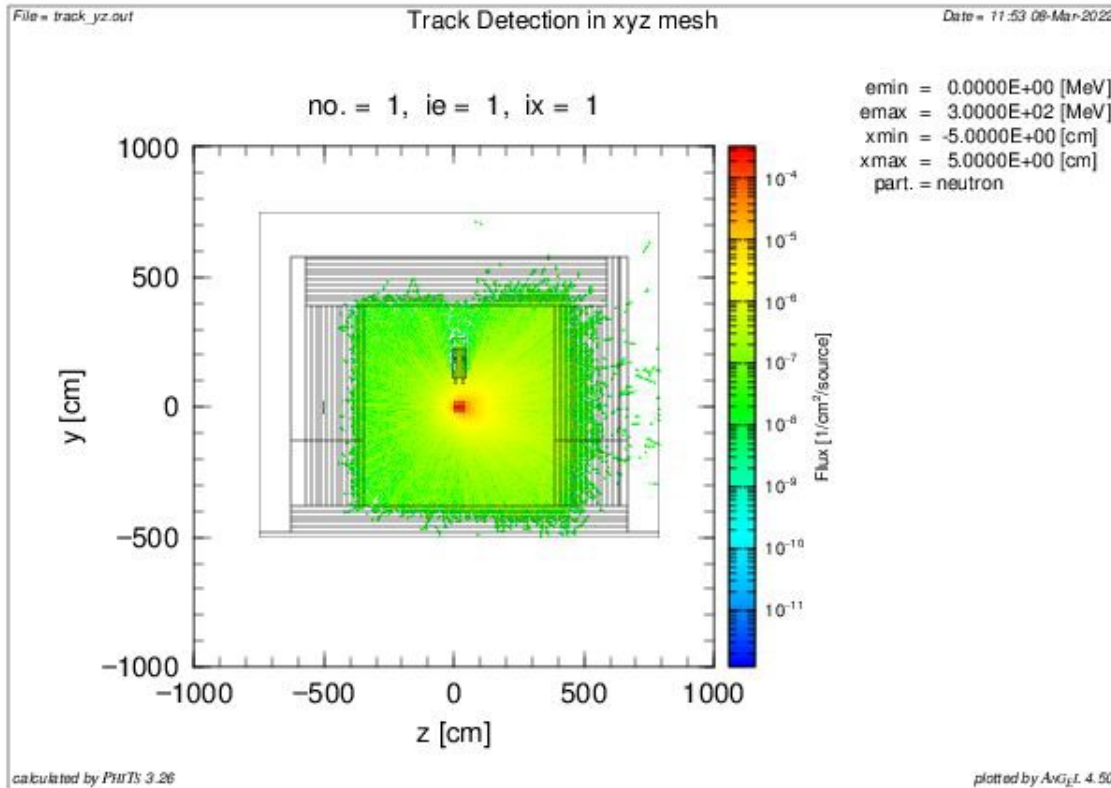
Soil characterisation, with gamma spectrometry, to know parents nuclides

Building material characterisation (cement. sand. gravel)

The main concern is the migration of radionuclides with ground water

# Soil activation in CPTC

## Results: MC methods



No activation with soil slabs:

> 75 cm (cyclotrons)

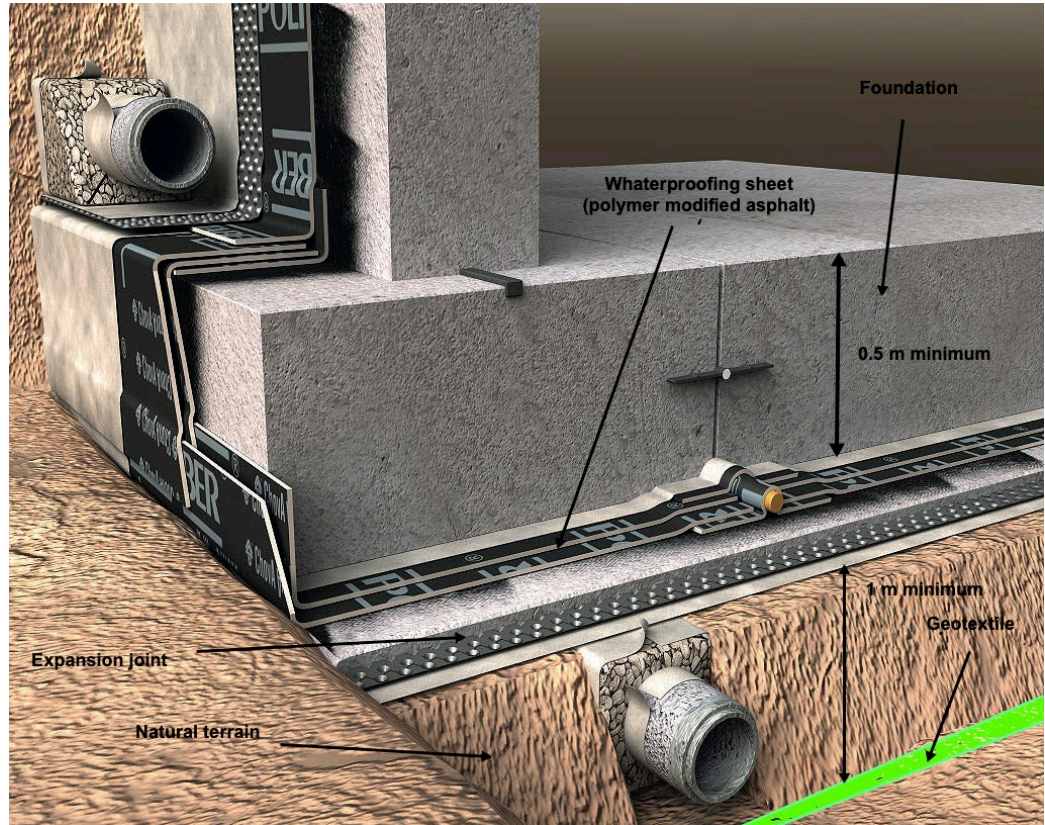
> 50 cm (synchrotrons)

Fiberglass recommended

# Soil activation in CPTC

## Mitigation strategies for soil activation

- Minimal slab thickness 50 cm
- Avoid water under the foundations slab
- Waterproofing sheet, expansion joint and geotextile under foundations to mitigate neutrons interactions with ground water and natural soil
- Soil characterisation with gamma spectrometry (substitution of upper layer)
- Building material characterisation (cement, sand, gravel, ...) via gamma spectrometry

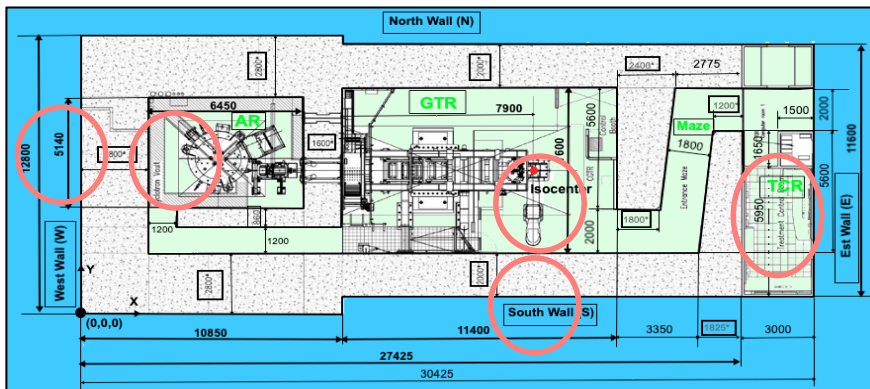


# Assessment of personal dosimeters for proton centers (Monte Carlo)

Dosimeters, active (DLD)

Dosimeters, Passive, Albedo (TLD)

Dosimeters, Passive, Track etch (CR39)



- Correction factors for electronic dosimeters up to a factor 9
- Smaller corrections for track etch, and médium for albedo, depending ofnthe location

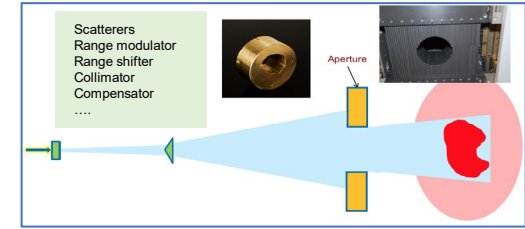
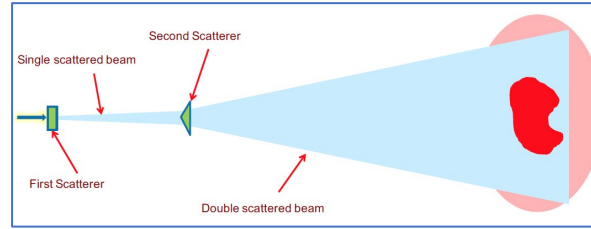
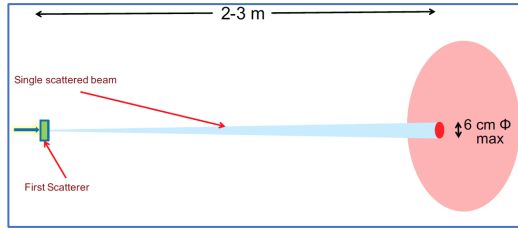
Garcia-Fernandez et. al., ISSSD XX 2020

$H_p(10)_{cal}/H_p(10)_{ref}$	W-a inside	W-a outside	S-g inside	S-g outside	TCR
Active - DLD	8.4	8.9	3.2	4.7	9.6
Passive - Albedo	2.7	1.5	1.2	1.8	1.3
Passive - Track	0.7	2.9	0.8	1.6	2.4

**Selection of personal neutron dosimeter most suitable for CPTC**

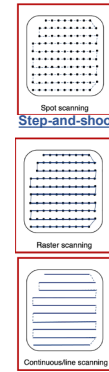
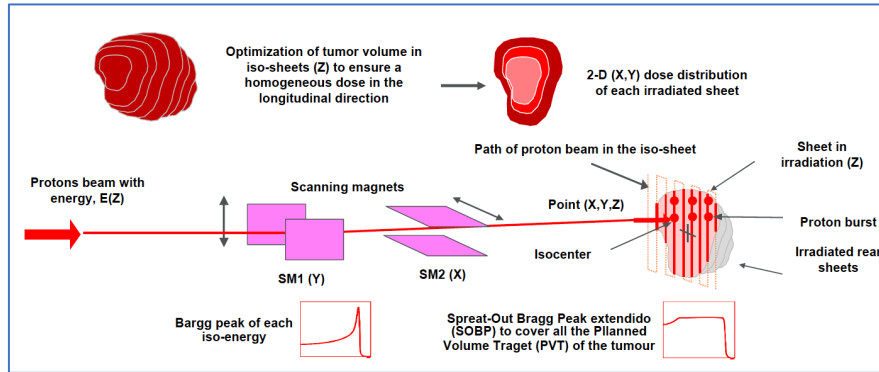
# Impact of new developments (Evolution of delivery methods)

## PT.1 → Passive methods → Scattering → High production of secondary neutrons



## PT.2 → Active methods → Pencil Beam Scanning (PBS) → IMPT (*Intensity modulated proton therapy*)

### Current Basic Workload



## PT.3 → In-development methods

- Flash-therapy → Disruptive
- Mini-beams
- PMAT (*Proton monoenergetic arc therapy*) → Adaptative
- Blended modes (active+passive)

Yap et. al., 2021, *Frontiers in Oncology*, 11, 780025

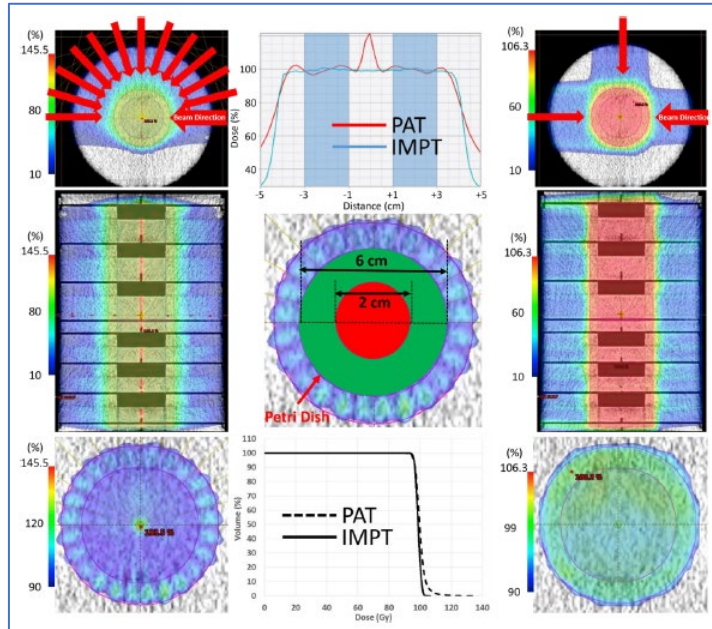
# Impact of new delivery techniques on RP

New delivery modes: Special consideration (IAEA Tec-Doc 1891, 2020)

## PMAT (Experimental)

Proton Monoenergetic Arc Therapy (Dr. Carabe- Fernandez)

### Dosimetric plans PMAT/IMPT



Carabe-Fernández et al., 2020, *Physics Medical and Biology*, 65:165002

Bertolet and Carabe-Fernández, 2020, *Physics Medical and Biology*, 65:165006

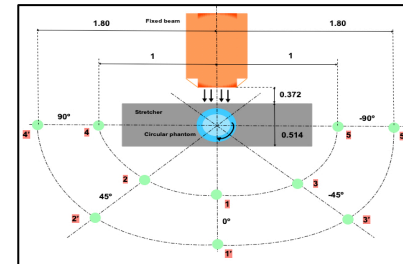
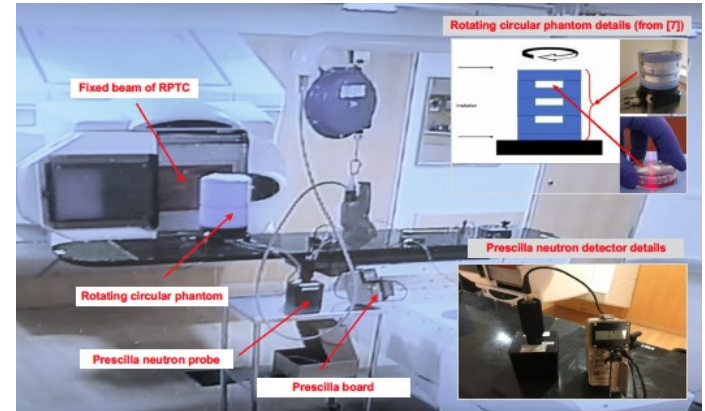
### Set-up for experimental measurements, H\*(10)

Which delivery method yields less secondary neutron dose, PMAT or IMPT?

6 Gy

IMPT  
SOBP  
141.7 – 89.5 MeV

PMAT  
Monoenergetic  
117.5 MeV

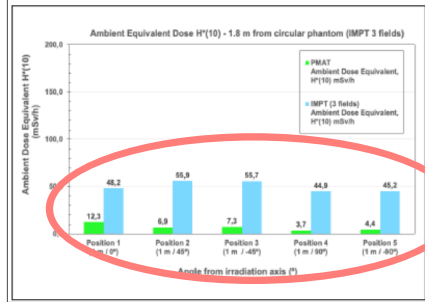
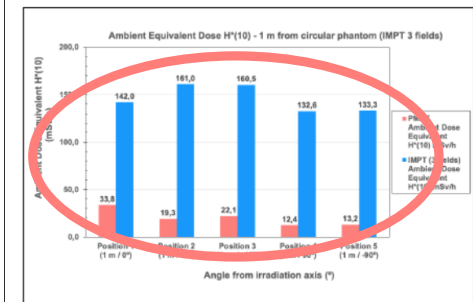
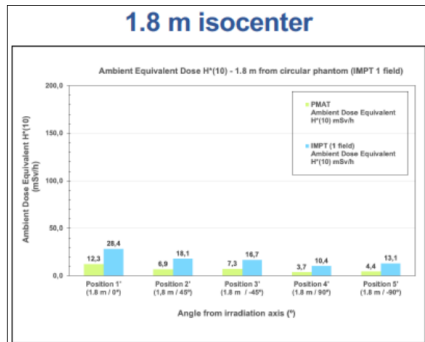
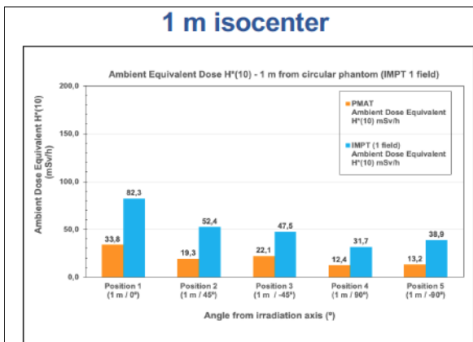


García-Fernández et al., 2021, IRPA15

# Impact of PMAT on RP

## Experimental results, H\*(10)

## Simulations with MCNP6.2/GEANT4

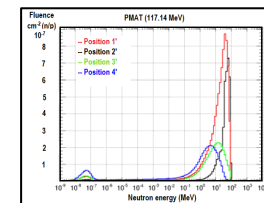
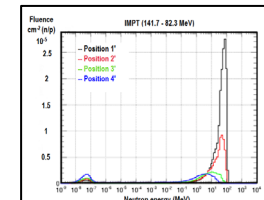
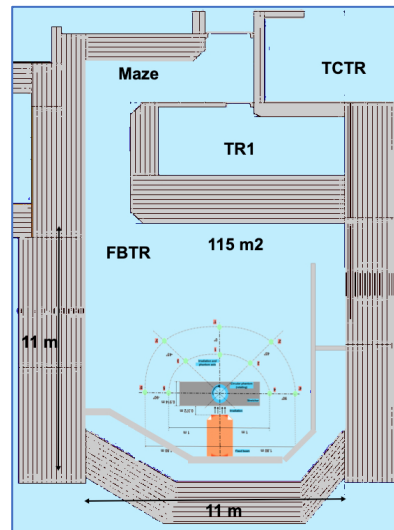


Garcia-Fernandez et. al., 2021, IRPA15

Biological improvement, based on enhanced biological impact (therapeutic index) better than based on increased conformity *Mazal et. al., 2021, Frontiers in Oncology, Volm. 10, article 613669*

PMAT could have a non-negligible reduction of secondary neutrons, with a direct positive impact on operational radiation protection.

### MPTC (isochronous cyclotron)



Garcia-Fernandez et. al., 2021, IRPA15

Position	Distance from source (cm)	MCNP6 WENDI-II Response (μSv/h)	MCNP6 Prescila Response (μSv/h)	MCNP6 H*(10) (μSv/h)	Experimental measurements With Prescila H*(10) (mSv/h)
1	100	89±4	86±4	88±3	82±7

Differences <10%

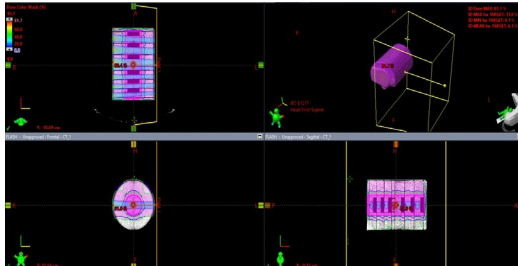
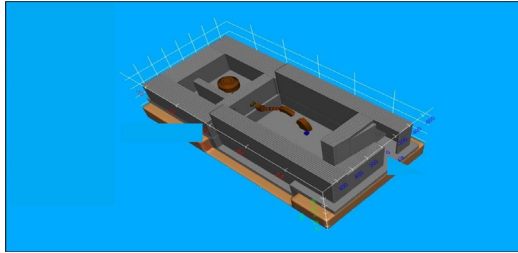
# Some alternatives

## Parametric workload Monte Carlo workload

Gupta et. al., POP04, PTCOG 2020 online

### Simulations with Monte Carlo

#### CPTC (synchrocyclotron)



Dose: 6 Gy

IMPT  
SOBP  
141.7 – 89.5 MeV

PMAT  
Monoenergetic  
117.5 MeV

Pr-FLASH  
Transmission  
210 MeV, 500 ms, 12 Gy/s  
Stopped in water phantom  
40x40x40 cm<sup>3</sup>  
(behind circular phantom)

#### Simple case with MCNP6.2® (Case 1)

10<sup>9</sup> stories  
Statistical uncertainty < 5%

Nuclear models (E>150 MeV)  
INC → CEM03.03  
EVM → GEM

Nuclear data:  
ENDF/B (version VII.1)  
JEFF (version 3.3),  
TENDL 2017 and 2019

S( $\alpha,\beta$ ) Model in PE and H  
ENDF71SaB  
(ENDF/B-VII.0)

Hourly Dose Rate (HDR) uSv/h

Treatment Control Room (TCR)

Occupancy factor, T=1

IMPT  
5.1 uSv/h (baseline 1)

PMAT  
2.3 uSv/h (0.45 under baseline)

Pr-FLASH  
7.8 uSv/h (1.53 over baseline)

Garcia-Fernandez et. al., 2021, Applied Radiation and Isotopes, 169, 109279

# Case 2: Dose rate 25 Gy/s, transmission method, 230 MeV

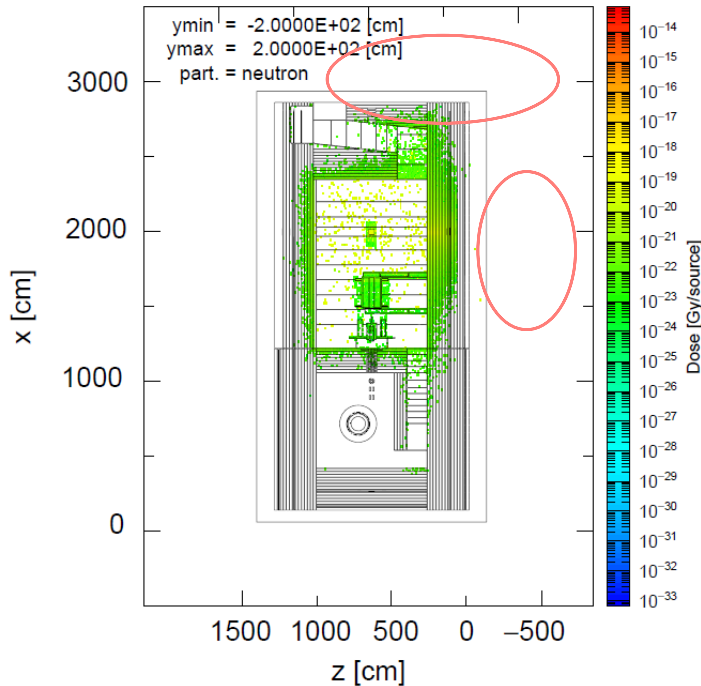
IDR = 18  $\mu\text{Sv/h}$  > 10  $\mu\text{Sv/h}$  in some areas

Dead time of radiation monitors

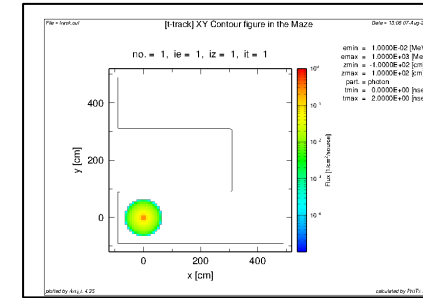
(5-10 microsecond)

Underestimations

IDR different in different countries



García-Fernández et. al., 2022, In Development

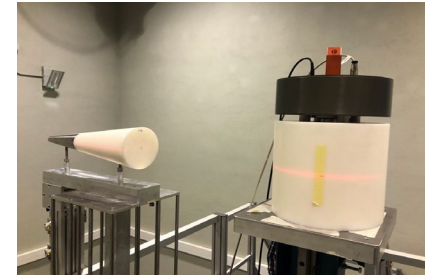


PHITS, 2021, tutorial

Another way to make more realistic assumptions

Experimental measurements to better assess the impact of new delivery techniques in development

# Carry-out of experimental measurements



Another complementary way to make more realistic assumptions in workload

# Wherever they come from, neutrons are a serious challenge in radioprotection

- Neutrons always together with (mostly strong) gamma fields
- Large energy range: nine orders of magnitude
  - Thermal 0.025 eV to hundred of MeV
- Need to measure dose equivalent
  - Weighting factor dependent on neutron energy
  - Fast neutron much more harmful than thermal neutron (per deposited energy)
- Easy detection of thermal neutrons
  - Least harmful
  - Original neutrons are fast

*Vanhavere, P., Van Hoey, O., De Saint-Hubert, M.,  
Neutron doses to patients and staff around proton therapy installations, SCK-CEN Presentation, Online 2019*

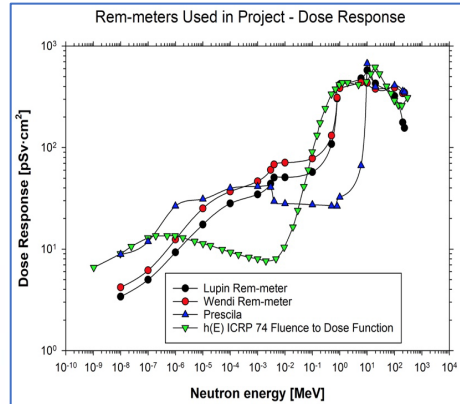
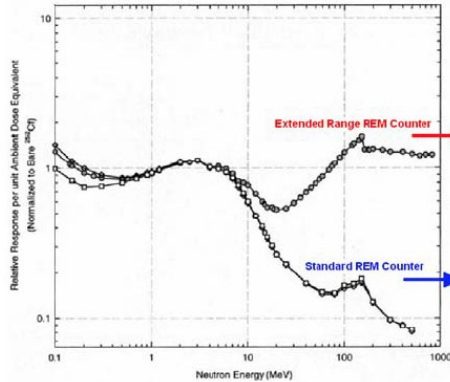
# Extended-range rem-meters

## Selecting the right device for each application: Characterizing response of devices

To carry out experimental measurements inside treatment rooms is necessary extended-range rem-meters (PNF with some new delivery methods)

Outdoor is possible using conventional devices

### actives



García-Fernández et al., 2019, *Applied Radiation and Isotopes*, 152, 105-126

### lupin

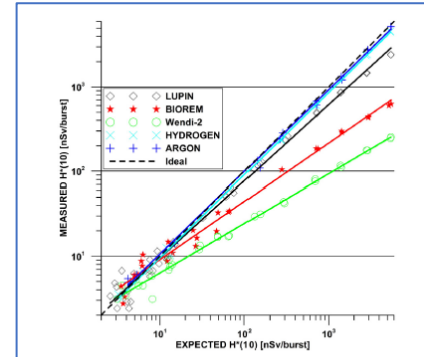


Fig. 7. Response of the detectors in position I. The dotted line is the bisector of the first quadrant, representing the ideal linear behaviour. The uncertainties are not shown for clarity.

Dinar et al., 2018, *Radiation Measurements*, 117, 24-34  
Caresana et al., 2014, *NIM*, 1737, 203-213  
Manessi, G.P., 2015, *DT, University of Liverpool*

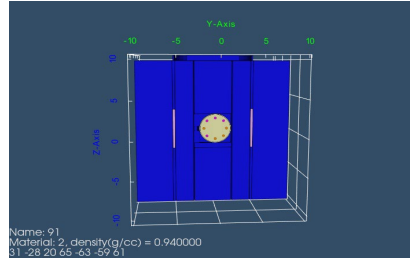
### passives

Always it is highly recommended to support measurements from active equipment with reliable data (passive monitors, Bonner spheres,...).

- No dead time
- Low sensitivity (increasing time of exposition)
- Insensitive to photons

# Extended-Range Passive Neutron Monitor (ERPNM)

## Calibration an assessment (Primer)



Simulations:

UPM

Roberto García-Baonza

Gamma calibration:

Ciemat (A. Romero)

Neutron calibration:

Ciemat (R. Mendez)

Assessment:

CNA

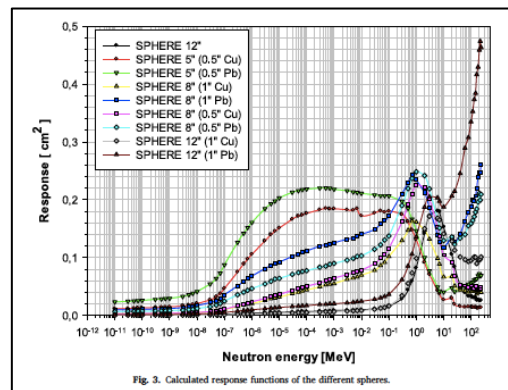
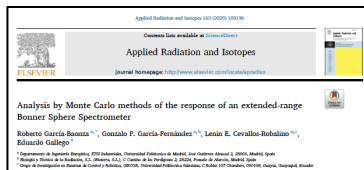
(Carlos Guerrero

Begoña Fernández)

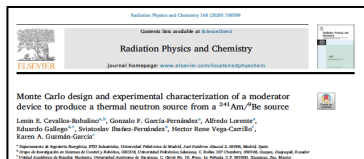
.....

# Another passive equipments/analysis at LMN-UPM

## Extended Bonner Spheres Spectrometer



## Thermal neutrons irradiation Facility (FANT)



Based on concept of HOTNESS developed by Bedogni et. al.

- Bedogni, R., Sacco, D., Gómez-Ros, J.M., Lorenzoli, M., Gentile, A., Buonomo, B., Pola, A., Introni, M.V., Bortot, D., Domingo, C., 2016. ETHERNES: a new design of radio-nuclide source-based thermal neutron facility with large homogeneity area. *Appl. Radiat. Isot.* 107, 171–176. <https://doi.org/10.1016/j.apradiso.2015.10.016>.
- Bedogni, R., Sperduti, A., Pietropaolo, A., Pillon, M., Pola, A., Gómez-Ros, J.M., 2017. Experimental characterization of HOTNES: a new thermal neutron facility with large homogeneity area. *Nucl. Instrum. Methods Phys. Res.* 843, 18–21. <https://doi.org/10.1016/j.nima.2016.10.056>.

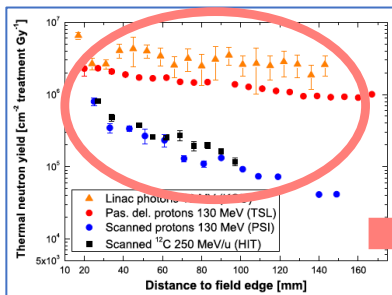
## Estimation air activation with pasive methods

Based on sodium bicarbonate samples and the work of Vialle et al.

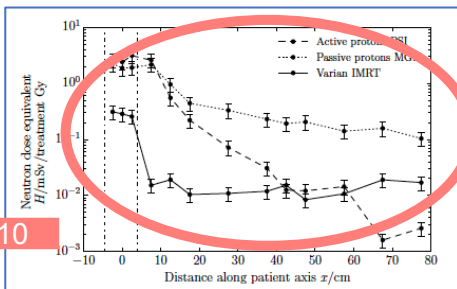
# Verify assumptions and anticipate the impact of future developments

Developments could dramatically mitigate the effects of neutrons in proton therapy centers

Reducing  
neutronic  
burden  
(PBS)

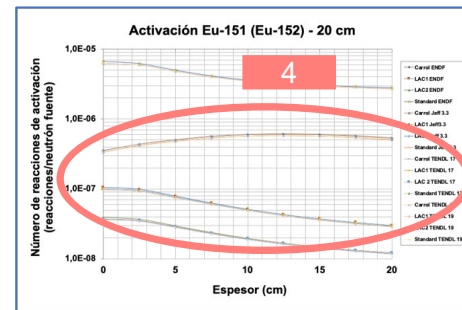


Kaderka et al., 2012, Phys. Med. Biol. 57 5959



Hälg et al., 2014, Phys. Med. Biol. 59 2457

Using  
concretes  
with low  
content in  
impurities  
(Eu for  
example)



García-Fernández et al., 2021, IRPA15

Assumptions should be conservative but realistic, and based on updated information

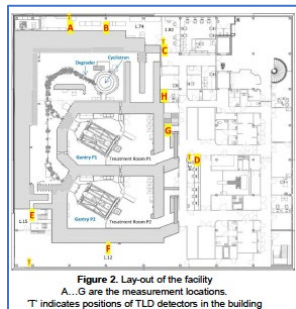


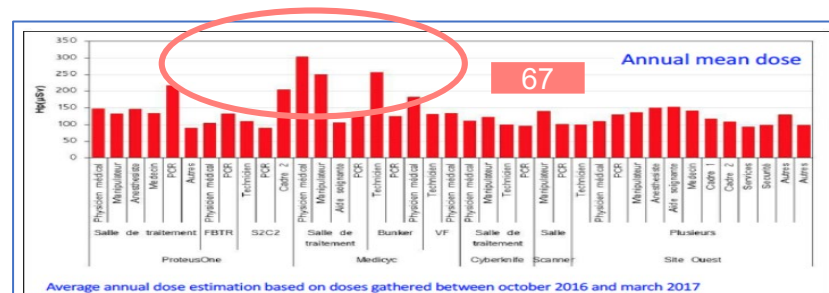
Figure 2. Lay-out of the facility  
A...G are the measurement locations.  
T indicates positions of TLD detectors in the building

Measurement Location	Simulation $\mu\text{Sv}/\text{year}$	Simulation $\mu\text{Sv}/\text{nAh}$	Measured Dose/nAh	Simulation/Measurement
A	110	0,0229	0,000768	30
B	2	0,0004	0,000024	17
C	5	0,0010	0,00012	9
D	6	0,0013	0,00016	7
E	12	0,0025	0,00029	32
F	7	0,0015	0,000096	15
G	30	0,0063	0,00079	8
H	50	0,0104	0,0003	35

Table 1: comparison of MC-predicted and actual yearly dose levels at the locations shown in Figure 2.

Bolt et al., PTC58-0127, PTCOG 2020 online

7 - 35



Average annual dose estimation based on doses gathered between october 2016 and march 2017

Herault et al., Radiation Protection in PT in 1er Int. course on PT, Institute Curie, Paris, 2018



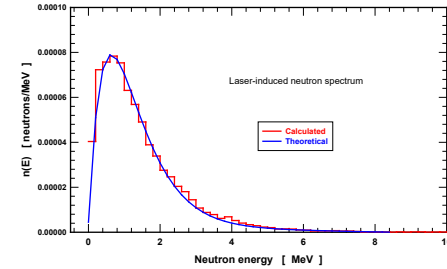
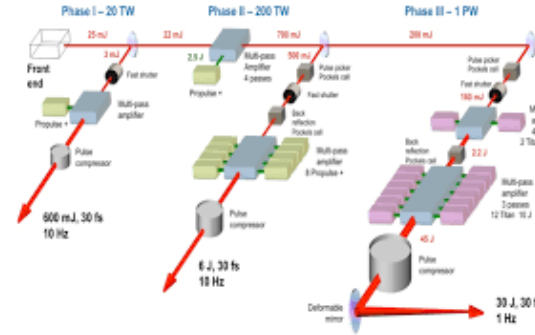
## The Ten “Commandments” of RP in Compact Proton Therapy Centers (CPTC)

1. Select a suitable site and location for facility
2. Design barriers and shielding against neutron and gamma radiation
3. Use Monte Carlo simulations and check with analytical methods (or if you prefer, the opposite)
4. Choose appropriate materials in barriers
5. Review the impact of radiation on environment
6. Anticipate changes in assumptions and future developments
7. Place the right radiation monitor in the right place of the facility
8. Pick suitable personal dosimeters
9. Assume uncertainties but collect as much information as possible (soil, cement, concrete,...)
10. Carry out experimental measurements

*Contributions to the commissioning of operational radiation protection in CPTC*

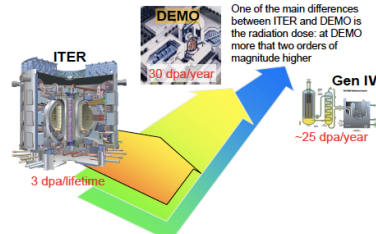
# Another facilities with neutron worries

*Physicists and engineers shall not live by protons alone....*

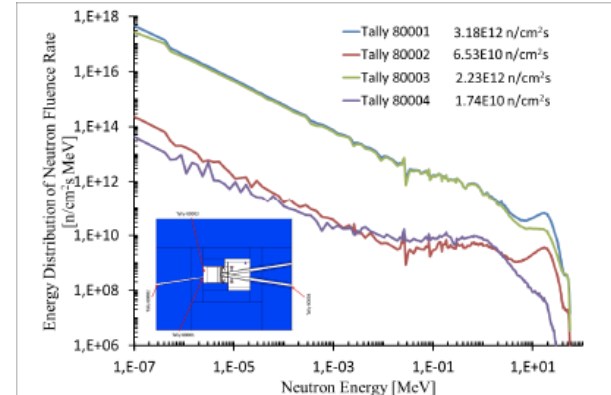





## A neutron source for fusion: The DONES Project



One of the main differences between ITER and DEMO is the radiation dose: at DEMO more that two orders of magnitude higher



# Summary

1. The design of some **aspects of operational radiation protection** was developed from 2018 until **now**, within the research project Contributions to operational radiation protection and neutron dosimetry in compact proton therapy centers.
2. Currently, radiological protection in PTCs is carried out with **very conservative assumptions and high safety margins**, however, developments in proton therapy could have a huge impact in the operational radiation protection. Some developments could strongly change inputs in the workload and probably will rise the requirements.
3. The aim of this work was to present a commissioning process of the operational radiation protection of Compact Proton Centers, **summarized in ten main recommendations**, achieved in the activities mentioned above, **and lined up with requirements of Nuclear Authority (CSN)**. The goal of this process is to guarantee the compliance of dose limits for clinical and technical staff, and general public.
4. Considering the permanent evolution in many aspects of proton therapy, international recommendations (ICRP Publication 127, IAEA TecDocs), should be periodically **updated and harmonized**.

**The development of more efficient radiation protection measures could, significantly, optimize the thickness of the barriers, lowering the cost and size required to implement a proton therapy center, and in this way, the access to proton therapy could be easier for more countries and patients.**

## Acknowledgements

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Juan Antonio Vera (QuirónSalud)

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Ricardo Otero (IBA-Spain)



**Thank you for your attention**

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